

Harrow AC 3Km Open Meeting - 22nd April 2021

Chris Hudson	U20	M	8:56.85
Damian Nevins	V40	M	8:59.31
Luca Matharu	U17	M	9:32.93
Jack Whitebury	SEN	M	9:38.08
Micheal O'Sullivan	SEN	M	9:42.75
Kevin Fini	SEN	M	9:52.85
Adam Towle	V35	M	9:56.94
Jim Cooper	V45	M	10:00.60
Malik Johnson	SEN	M	10:03.20
Reece Freeman	U17	M	10:06.91
Liam Fenn	U17	M	10:22.37
Jaran Singh	U20	M	10:39.38
Sofia Latham	U17	F	10:46.43
Nick Andrews	V50	M	10:57.40
Matthew White	V45	M	11:04.81
Henry White	U15	M	11:31.81
Jason Kabel	V45	M	11:33.93
Jabbil Chibwana	SEN	M	11:44.40
Jag Matharu	V50	M	11:46.17
Kayla Saunders	U15	F	11:51.37
Olivia Matharu	U17	F	11:59.35
Peter Butler	V45	M	12:03.13
Jennifer Keal	SEN	F	12:07.77
Hollie Ford	U15	F	12:25.12
Sukriti Bisht	U17	F	12:41.48

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3000m Race 1

Rank	ID	Name	Team	Cat	Gender	Result
	1	17 Terry Booth	GG	V50	M	10:19.97
	2	14 Chris Ness	WALT	V50	M	10:21.82
	3	16 David Owen Williams	GG	V55	M	10:27.87
	4	18 Clare Elms	DUL	V55	F	10:29.31
	5	13 Ian Lawson	CHIL	V50	M	10:32.42
	6	20 Peter Clarke	SERP	V50	M	10:40.21
	7	15 Steve Roberts		0 V55	M	10:48.89
	8	10 Nick Andrews	HARR	V50	M	10:57.40
	9	12 Tim Grose	WALT	V50	M	11:10.41
	10	11 Malcolm Davies	HW	V50	M	11:16.46
	11	19 Peter Hall	W4H	V60	M	11:40.65
	12	8 Jag Matharu	HARR	V50	M	11:46.17
	13	7 Philip York	WIMBO	V55	M	12:04.35
	14	5 Helen Davies	HW	V50	F	12:05.18
	15	4 Gary Hobbs	EALE	V50	M	12:36.52
	16	1 Philip Pugh	DACT	V60	M	12:49.38

3000m Race 2

Rank	ID	Name	Team	Cat	Gender	Result
	1	40 Indie Frost	DACT	U17	F	11:14.44
	2	32 Beth Moody	DACT	U17	F	11:15.29
	3	37 Dean Saliba	VPTH	V40	M	11:36.80
	4	29 Nancie Bateson	DACT	U15	F	11:37.78
	5	35 Kayla Saunders	HARR	U15	F	11:51.37
	6	39 Sophie Foot	ORION	U17	F	11:51.44
	7	33 David Sutherland	HIGH	V45	M	11:53.95
	8	26 Olivia Matharu	HARR	U17	F	11:59.35
	9	30 Peter Butler	HARR	V45	M	12:03.13
	10	34 Hannah Lowther	WPH	SEN	F	12:06.80
	11	27 Jennifer Keal	HARR	SEN	F	12:07.77
	12	23 Hollie Ford	HARR	U15	F	12:25.12
	13	25 Malgorzata Kucharska	EALE	V45	F	12:30.07
	14	24 Ellie Faulkner	WPH	U15	F	12:35.21
	15	22 Ivy Uhart	WPH	U15	F	12:36.93
	16	21 Sukriti Bisht	HARR	U17	F	12:41.48

3000m Race 3

Rank	ID	Name	Team	Cat	Gender	Result
	1	58 Grace Milnes	DACT	U17	F	10:39.97
	2	54 Sofia Latham	HARR	U17	F	10:46.43
	3	55 Jacqueline Heller	COOK	U15	F	10:48.59
	4	56 Lily Jessop-Tranter	CHIL	U15	F	10:55.78
	5	52 Ryan Stoddart	HILL	U15	M	10:59.36
	6	44 Catherine Allen	TVH	SEN	F	11:05.25

7	59 Lesedi Nkoane	CHIL	U15	F	11:06.34
8	49 Charlotte Docwra	CHIL	U17	F	11:13.24
9	47 Vicky Frew	HIGH	V40	F	11:16.55
10	53 Eleanor Shield	CHIL	U17	F	11:18.76
11	48 Lauren Russell	HIGH	U17	F	11:20.53
12	46 Kani Hinshelwood	HIGH	SEN	F	11:22.67
13	45 Emily Alderson	CHIL	U20	F	11:27.41
14	57 Henry White	Harrow AC	U15	M	11:31.81
15	41 Jabbil Chibwana	HARR	SEN	M	11:44.40
16	43 Sophie Thomas	WPH	U20	F	11:45.79
17	6 Stefan Skwara	EPO	V55	M	12:25.44
	2 Craig Nicol	WW	V55	M	DNF

3000m Race 4

Rank	ID	Name	Team	Cat	Gender	Result
	1	78 Samuel Bennetts	CHIL	U17	M	10:15.18
	2	73 Liam Fenn	HARR	U17	M	10:22.37
	3	68 Samuel Colley	COOK	U15	M	10:26.92
	4	63 Catherine Airey	HIGH	SEN	F	10:27.77
	5	80 Sophie Jacobs	MKDP	U15	F	10:30.69
	6	69 Katie Pye	AFD	U15	F	10:32.77
	7	79 Thomas Cadwallader	SBH	U15	M	10:36.92
	8	74 Jaran Singh	HARR	U20	M	10:39.38
	9	76 Evie Burton	WPH	U15	F	10:39.43
	10	75 Ellen Cooper	WPH	U20	F	10:44.47
	11	70 Ben Gilmore	GG	V40	M	10:50.31
	12	61 Melanie Phair	WPH	SEN	F	10:52.60
	13	72 Emily Ford	CHIL	U15	F	10:54.66
	14	64 Rob Saunders	HIGH	V45	M	10:58.38
	15	65 Asmi Saha	COOK	U15	F	11:00.28
	16	66 Matthew White	HARR	V45	M	11:04.81
	17	77 Francesca Baxter	CHIL	U15	F	11:11.09
	18	71 Alicia Bushell	CHIL	U20	F	11:22.59
	19	67 Jason Kabel	HARR	V45	M	11:33.93

3000m Race 5

Rank	ID	Name	Team	Cat	Gender	Result
	1	83 Catriona Witcombe	SOTON	SEN	F	9:50.74
	2	82 Jamie Mcloughlin	WALT	V45	M	9:53.13
	3	93 Andrew McArthur	SMRAC	SEN	M	9:53.49
	4	86 Fergal Donnelly	READR	V45	M	10:02.30
	5	94 Max Baxter	CHIL	U15	M	10:04.83
	6	99 Ellie Loosley	CAMCO	U17	F	10:04.99
	7	96 Jennifer Leggate	CAMCO	U17	F	10:05.43
	8	100 Richard Park	CAMCO	SEN	M	10:06.21
	9	95 Niall Gilchrist	EALE	SEN	M	10:07.29
	10	97 Daniel Munn	CHIL	U15	M	10:11.91
	11	92 Freya Ruffels	WSEH	U17	F	10:12.85

12	236	Matthew Preston	CAMBH	V45	M	10:20.84
13	87	Anna Jolliffe	BIC	U17	F	10:23.97
14	85	Ruben Kelly	HERPH	U17	M	10:28.19
15	91	Hughes, Maddie	CHIL	U17	F	10:30.56
16	84	Sally Judd	HERPH	V45	F	10:55.99
17	90	Annwen Gammon	CARD	SEN	F	11:35.03
	98	Matt Ostrowski	BEL	SEN	M	DNF

3000m Race 6

Rank	ID	Name	Team	Cat	Gender	Result
	1	104 Henry Johnston	COOK	U17	M	9:50.18
	2	112 Matthew Buckley	HIGH	U20	M	9:51.68
	3	110 Ruby Vinton	SBH	U17	F	9:54.11
	4	115 Rachel Clutterbuck	WSEH	U17	F	9:54.87
	5	106 Matthew Nicholls	STAL	U15	M	9:57.71
	6	116 Jim Cooper	HARR	V45	M	10:00.60
	7	113 Malik Johnson	HARR	SEN	M	10:03.20
	8	118 James Gillanders	SERP	V40	M	10:03.57
	9	103 Alex Hughes	CHIL	U15	M	10:03.78
	10	102 Reece Freeman	HARR	U17	M	10:06.91
	11	108 Naomi Lenane	EE	SEN	F	10:07.39
	12	105 Ethan Mccall	CHIL	U15	M	10:18.23
	13	117 Andre Dahlkamp	VPTH	V45	M	10:19.77
	14	101 Katie Clutterbuck	WSEH	U20	F	10:25.06

3000m Race 7

Rank	ID	Name	Team	Cat	Gender	Result
	1	130 Isaac Jessop -Tranter	CHIL	U15	M	9:42.61
	2	131 Angus Stoneham	CHIL	U17	M	9:46.42
	3	122 Cameron Barnes	BEDC	U15	M	9:46.67
	4	129 Dominic Paine	TRNTP	U17	M	9:48.30
	5	137 Yasmin Goater	HIGH	SEN	F	9:49.42
	6	123 Euan Supple	BEDC	U17	M	9:52.00
	7	133 Adrian Haines	BRIPH	V50	M	9:59.33
	8	126 Ethan Flack	SMRAC	U17	M	10:07.13
	9	124 Zoe Gilbody	CHIL	U15	F	10:11.38
	10	140 Jasmine Young	WSEH	U20	F	10:17.02
	11	125 Jonathan Moscrop	SERP	V45	M	11:02.33

3000m Race 8

Rank	ID	Name	Team	Cat	Gender	Result
	1	196 Tommy Taylor	BEL	SEN	M	9:21.60
	2	159 Oscar Loveday	STAL	U17	M	9:21.84
	3	149 Christopher Rampling	LONH	SEN	M	9:22.75
	4	144 Isaac Flanagan	CUHH	U20	M	9:25.15
	5	156 Niamh Bridson-Hubbard	BB	SEN	F	9:29.08
	6	158 Ross Doran	HIGH	U20	M	9:29.34

7	155 Eric Dol	HHH	SEN	M	9:31.89
8	151 Luca Matharu	HARR	U17	M	9:32.93
9	141 Matthew Kaminer	HIGH	U20	M	9:35.27
10	145 Nick Hughes	CHIL	V50	F	9:36.75
11	142 Hannah Viner	HIGH	SEN	F	9:40.01
12	154 Alice Garner	AFD	U20	F	9:40.86
13	157 Thomas Dixon	CHIL	V40	M	9:42.26
14	152 Micheal O'Sullivan	HARR	SEN	M	9:42.75
15	147 Sophie Wilson		0 SEN	F	9:53.30
16	146 Sunny Vehit	THURH	U20	M	9:56.13
17	150 Adam Towle	HARR	V35	M	9:56.94

3000m Race 9

Rank	ID	Name	Team	Cat	Gender	Result
1	179	Max Mcgarvie	CHIL	U20	M	9:08.68
2	175	Thomas Redmond	CHIL	U17	M	9:09.11
3	170	Rebecca Johnson	HIGH	SEN	F	9:27.25
4	177	Sam Sutherland	QPH	V35	M	9:29.60
5	164	Fionn O'Murchu	BRIHC	U17	M	9:29.87
6	162	James Rhodes	SOC	SEN	M	9:33.62
7	171	Lewis Greaves	HIGH	SEN	M	9:33.92
8	172	Holly Dixon	CAMBH	SEN	F	9:34.10
9	169	Tim Powell	SERP	SEN	M	9:35.21
10	173	Alex Lytrides	SBH	U20	M	9:37.79
11	166	Jack Whitebury	HARR	SEN	M	9:38.08
12	176	Eric Williams	KACPH	SEN	M	9:50.97
13	167	Kevin Fini	HARR	SEN	M	9:52.85

3000m Race 10

Rank	ID	Name	Team	Cat	Gender	Result
1	199	Oscar Bell	HERPH	SEN	M	8:55.89
2	195	Caleb O'Neill	HERPH	U17	M	8:56.99
3	188	Liam Stone	WSEH	U20	M	8:58.15
4	194	Steve Phillips	SOTON	V35	M	8:59.83
5	193	Thomas Taylor	MANCH	SEN	M	9:00.69
6	182	George Gurney	LONH	SEN	M	9:00.99
7	197	Aran Davidson	CHIL	SEN	M	9:03.11
8	191	Matt Kitching	QPH	SEN	M	9:06.68
9	181	Dan Slayford	SOTON	SEN	M	9:09.28
10	189	Louis Peterson	CHIL	U20	M	9:19.23
11	184	Daniel Macmillan	READ	U20	M	9:19.40
12	192	Sage Pearce-Higgins	TVH	V35	M	9:24.49
13	185	Aryan Gupta	READ	U20	M	9:33.27
14	187	Dean Childs	WPH	V35	M	9:44.61

3000m Race 11

Rank	ID	Name	Team	Cat	Gender	Result
1	216	James Edgerton	CUHH	SEN	M	8:36.49
2	205	Samuel Burnell	DACT	U20	M	8:43.85
3	218	Luca Stubbs	SBH	U20	M	8:44.02
4	219	Dom Willmore	POOL	SEN	M	8:46.38
5	202	Ethan Primett	HERPH	U17	M	8:48.50
6	207	Craig Emmerson	BEDC	SEN	M	8:51.61
7	210	Luke Fisher	TONB	SEN	M	8:52.30
8	201	Peter Hart	SOTON	SEN	M	8:55.03
9	213	Luke Birdseye	WSEH	U17	M	8:56.16
10	203	Isaac Morris	CAMCO	U17	M	8:56.28
11	211	Chris Hudson	HARR	U20	M	8:56.85
12	212	Jamie Taylor-Caldwell	ESM	SEN	M	8:58.48
13	208	Nathan Jones	VOA	U20	M	9:01.13
14	206	Joseph Chamberlain	DACT	U20	M	9:07.96
15	209	Henry Dover	COLTE	U17	M	9:11.59
	215	Jack Dickson	KACPH	U20	M	DNF
	217	Zachary Segal	STAL	U17	M	DNF

3000m Race 12

Rank	ID	Name	Team	Cat	Gender	Result
1	237	Charlie Brisley	NEB	SEN	M	8:29.37
2	223	Chris Rainsford	HEANR	SEN	M	8:30.30
3	226	Will Stockley	BEL	SEN	M	8:31.45
4	235	Oliver Prior	ASHFA	SEN	M	8:31.95
5	224	Ben Nagy	BARN	SEN	M	8:34.02
6	234	Elliott Pocock	AFD	U20	M	8:34.37
7	222	Antonio Silva	TVH	SEN	M	8:37.43
8	233	Michael Bereket	NEW	SEN	M	8:54.48
9	225	Damian Nevins	HARR	V40	M	8:59.31